

Does your child need occupational therapy?

3 to 6 years fine motor milestones

Occupational therapy focuses on fine motor and functional skills to enhance development, restore function and prevent disability from pediatric conditions, illness and injury. Our occupational therapists use therapeutic interventions that address perceptual motor skills, fine motor skills, strength and coordination, sensory integration, sensory processing and self-care activities.

If you notice that your patient has difficulty with many of these areas, please refer your patient to the therapists at Cook Children's for help. Cook Children's has speech-language pathologists, feeding therapists, occupational therapists and physical therapists that can assess your child's skills and help them reach their goals. **To find out more about our program or to schedule an initial evaluation, call (682) 885-6294 or fax your referral to (682) 885-8409.**

3 Years

- Builds a nine block tower
- Imitates a block bridge (copies one that is already built)
- Able to cut an eight inch line with scissors
- String eight beads
- Colors with a crayon (not using a fistful grasp)
- Traces a template of a four to six inch circle or square
- Able to solve a four piece puzzle
- Able to unbutton a button
- Able to unlace laces

4 Years

- Able to button buttons
- Imitates a five block design (copies one that is already built)
- Draw a three part man (any three parts and pairs count as one item)
- Able to touch their nose with their index finger and eyes closed
- Able to place 20 coins in a box within one minute
- Tripod pencil grasp
- Able to lace two to three holes
- Able to brush teeth
- Washes and dries face independently
- Builds a 10 block tower
- Able to complete a six piece puzzle
- Cuts out a four inch circle
- Able to release an object with full extension of fingers
- Able to screw together a threaded object (any size)

5 Years

- Able to draw a four inch triangle with demonstration
- Able to cut a straight line
- Draws a four part man (any four parts, pairs count as one part)
- Attempts to stay within the line when coloring
- Able to nest at least five boxes in correct size order
- Able to draw a four inch square with demonstration
- Buttons and unbuttons 3-5 ½ inch buttons
- Able to lace a running stitch on card
- Able to use a manual pencil sharpener

6 Years

- Copies a diamond with four angles and no dog ears
- Able to build steps with 10 blocks and without demonstration
- Draws a nine part man (arms, legs, eyes are counted as a pair)
- Able to button and unbutton a small button without help
- Can identify right and left on self

